

# LONDON youth FESTIVAL

WISDOM WELLNESS SERVICE CULTURE  
SPORTS HACKATHON

The first of its kind in the UK

A 2 day journey of self discovery!

Get ready to meet the  
meet the real you  
22nd - 23rd July

📍 MERCHANT TAYLORS' SCHOOL, NORTHWOOD HA6 2HT

REGISTER NOW



[london.srmd.org/youthfestival](https://london.srmd.org/youthfestival)

# meet our inspiration

Enlightened master, spiritual visionary and ardent devotee of Shrimad Rajchandraji, Pujya Gurudevshri Rakeshji is the founder of Shrimad Rajchandra Mission Dharampur - a spiritual movement with 201 centres across five continents.

Blending theory with experience and the head with the heart, He is empowering and transforming millions globally with the mission statement - Realise One's True Self and Serve Others Selflessly.





# who?

For youth aged 18 to 39

# what?

A specially curated festival of events to inspire youth towards inner growth and dynamic action

# when?

Saturday 22nd - Sunday 23rd July 2023

# where?

Merchant Taylors' School,  
Northwood, HA6 2HT

# why?

To celebrate the spirit of youth across the UK through 2 days of collective engagement and powerful energy

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ENTER AN **EMPOWERING** ENVIRONMENT

**BREAK** YOUR INNER WALLS

**EMBRACE** YOURSELF WITHOUT FILTERS

get ready to meet the real you

# WISDOM

# meet your purpose

## enlightening knowledge

Shift your paradigm with profound inspiration and insights. Feel inspired and learn everyday practical skills where you can immerse yourself in the unique knowledge-based sessions led by experts. Learn and interact in groups full of soulful insights & experiments.

### WISDOM MASTERCLASSES

- **Me, Myself & I:** An appointment with yourself
- **The Calm Within The Storm:** Learn to manage your stress
- **Greed vs Ambition:** How much is too much?
- **The Art of Connection:** Enriching relationships
- **Power Networking:** Connecting minds, creating opportunities





# WELLNESS

# meet your

# peace

## spirituality applied

Get ready to align to your inner zen, and learn how to detach yourself from the pressures of everyday life through wellness activities including yoga and meditation.

### EXPERIENCE BOOTHS

- Blind Drawing
- Reset at Your Desk
- Procrastination Killers
- Balancing Spirituality at Work
- Resume Making
- Make Killer Presentations

### SOULFUL STRETCHES

- Yogalates
- Barfi Bootcamp
- Experimental Meditation





# SERVICE

# meet your

# compassion

## serve the community

Experience the energy of empathy and dissolve boundaries. Uplift children, adults and the environment by giving back to our community.

Come together to create personalised gift hampers and hand-written cards for our extended community including underprivileged children, homeless adults and the elderly. Packs will be assembled from scratch, loaded with goodies through a production line and sealed off to be transported to those who need it the most.





FIREWALK CHALLENGE

# meet your courage

mind over matter

Get ready for an unforgettable experience with an opportunity to conquer your fears and walk on fire!

With expert guidance, you will be trained to focus your mind and tap into your courage to achieve the seemingly impossible.

This charity firewalk is an opportunity to challenge yourself and raise funds for worthy causes that offer service to underserved sections of society.

A unique and empowering event that will be a perfect combination of personal growth and making a difference.



special event



# CULTURE

# meet your roots

## embrace heritage

Transport yourself to an atmosphere of enchantment through live dance, music and culture.

Through this specially curated 2 day festival, you will have the opportunity to experience a sensory adventure that engages and immerses you in a vibrant, dynamic & positive environment.

A unique opportunity to connect with like-minded individuals and forge new relationships.





# SPORTS

# meet your strength

## aim for higher goals

Participate in a spectacular sports competition to strengthen your mental and physical health, whilst having fun by coming together and bringing your best game.

**Football** (male & female)

**Indoor Cricket** (male)

**Netball** (female)

**Badminton** (doubles)

You can register to play as a team with your friends or register individually and we can allocate you a team.



\*Artificial Grass





Innovate and build for a better world by collaborating with youth from across the country. Come together in dynamic teams to formulate a solution to the problems facing the local UK community during the cost of living crisis.

- **Breaking Down Barriers:** how can we improve access to mental health services within the South Asian community
- **Opening Doors:** Bridging the gap to housing access for young professionals
- **Less Waste; More Taste:** Re-thinking food usage to ensure food security

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LOCK ONTO AN IMPACT STATEMENT

GET MENTORED BY INDUSTRY EXPERTS

PLAN, PRESENT & PITCH FOR THE MOST  
EXECUTABLE SOLUTION THAT CAN BE  
TAKEN FORWARD.



# tailor your experience

The Youth Festival begins at 10am on Saturday 22nd July with registrations opening an hour before.

All attendees of the festival can tailor their experience for the weekend. Everyone will have the opportunity to participate in the Wisdom Masterclasses, Soulful Stretches, Experience Booths, Community Service Projects and much more but you can only participate in one Sports tournament of your choice OR the social impact Hackathon.

Please note, all activities are subject to capacity so we request you to register as soon as possible.

## TEAM FORMAT

	FORMAT	MIN TEAM SIZE	MAX TEAM SIZE
FOOTBALL	5-a-side, all male & all female teams	7	9
INDOOR CRICKET	6-a-side, males only	8	10
NETBALL	7-a-side, females only	9	11
BADMINTON	Doubles, all male & all female pairs	2	2
HACKATHON	Groups of 5	4	8

If you would like to be in a Sports or Hackathon team with your friends, you will need to request a team code. One team member can [WhatsApp +44 7835 237325](#) to request this code which all team members can then use to register.

Individual registrations are also welcome and we will allocate you a team.



# global youth festival

The SRMD Global Youth Festival is a successful tried and tested model that has hosted 3 editions in India already. A programme specially curated for the youth aspiring to be better versions of themselves! [Click here](#) to watch highlights of the December 2022 edition.

**THE GLOBAL YOUTH FESTIVAL TO DATE HAS HAD:**

3000+ attendees

from

15 countries

with

25000+ volunteer hours

and

200000+ lives touched

**... ALL IN 1 COLLECTIVE EXPERIENCE**

and now for the first time, the  
youth festival comes to London!



# testimonials

## from Global Youth Festival



“It is amazing to be in a space of energized youth from around the world all coming together with a single focus of bettering themselves and effectively others. The energy was vibrant and transformative and I walked away from it with new skills in my pocket and the strength to implement them.”

**Kelly Scharff**

Doctoral Candidate in Clinical Psychology  
Strategy & Operations Manager, Lyra Health.  
New Jersey, USA

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“I have had such a blast at Global Youth Festival! It is such a holistic experience which involves selfless service, sports, and powerful inspiring discourses. Pujya Gurudevshri brings a contagious energy and a collective spirit that pushes me to better myself”

**Shukan Shah**

Marketing Associate,  
Kazuhiro Window Coverings  
Ontario, Canada

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"As a software engineer, I tend to see things very logically. Pujya Gurudevshri's discourses have shown me how logic and spirituality are actually two sides of a coin. It's incredible! He demonstrates how truly simple and applicable spirituality is in day to day life."

**Bhavik Udani**

IT Cloud Consultant,  
IBM  
London, United Kingdom



# LONDON *youth* FESTIVAL

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+44 7835 237325



srmduk



[londonyouthfestival@youth.srmd.org](mailto:londonyouthfestival@youth.srmd.org)

**CLICK TO JOIN THE WHATSAPP FESTIVAL COMMUNITY**